



10 golden safety rules



1. I am committed to my own safety and the safety of those around me, at work and at home



6. I speak out by reacting to hazards and escalating to my manager if needed



2. I follow safety instructions by understanding what is required



7. I stop risk activities as no unsafe activity should jeopardize our health



3. I know the risks of glass, heat, stairs, heights, chemicals, lifting and poor ergonomics



8. I travel safe by applying our safe driving rules or taking public transport



4. I respect machines & tools and never interfere with moving parts and equipment



9. I use electronic devices responsibly by not letting my mobile phone or laptop distract me



5. I learn to see by identifying safety risks before they turn into injuries



10. I manage occupational stress by ensuring a healthy work life balance and an open dialogue



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