Improving the comfort of your eyes could be as simple as screwing in a different light bulb

Global research shows the importance of eyesight increases to us as we age

believe that

good lighting is beneficial for your **eye health**



When it comes to maintaining personal well-being.

don't take care





of consumers

home improves daily productivity



Over 50% of people spend more than



under artificial light

Germans spend the least time under artificial light;

51% spend less than eight hours a day, almost double the number in Mexico, Indonesia and the **US** where only 26% day under artificial light





12% of those in the **Czech Republic**

spend more than **16 hours a day** in compared to a



Where the lighting has been poor,



have found their

eyes becoming tired

All figures, unless otherwise stated, are from, are from YouGov Plc. Total sample size was 10,449 adults. The research was conducted in Argentina, China, the Czech Republic, France, Germany, Indonesia, Mexico, Poland and the United States. Fieldwork was undertaken between 7th - 20th May 2019. The survey was carried out online. The figures have been given an even weighting for each country to produce an 'average' value.