Why it works: The science behind Circadian Lighting

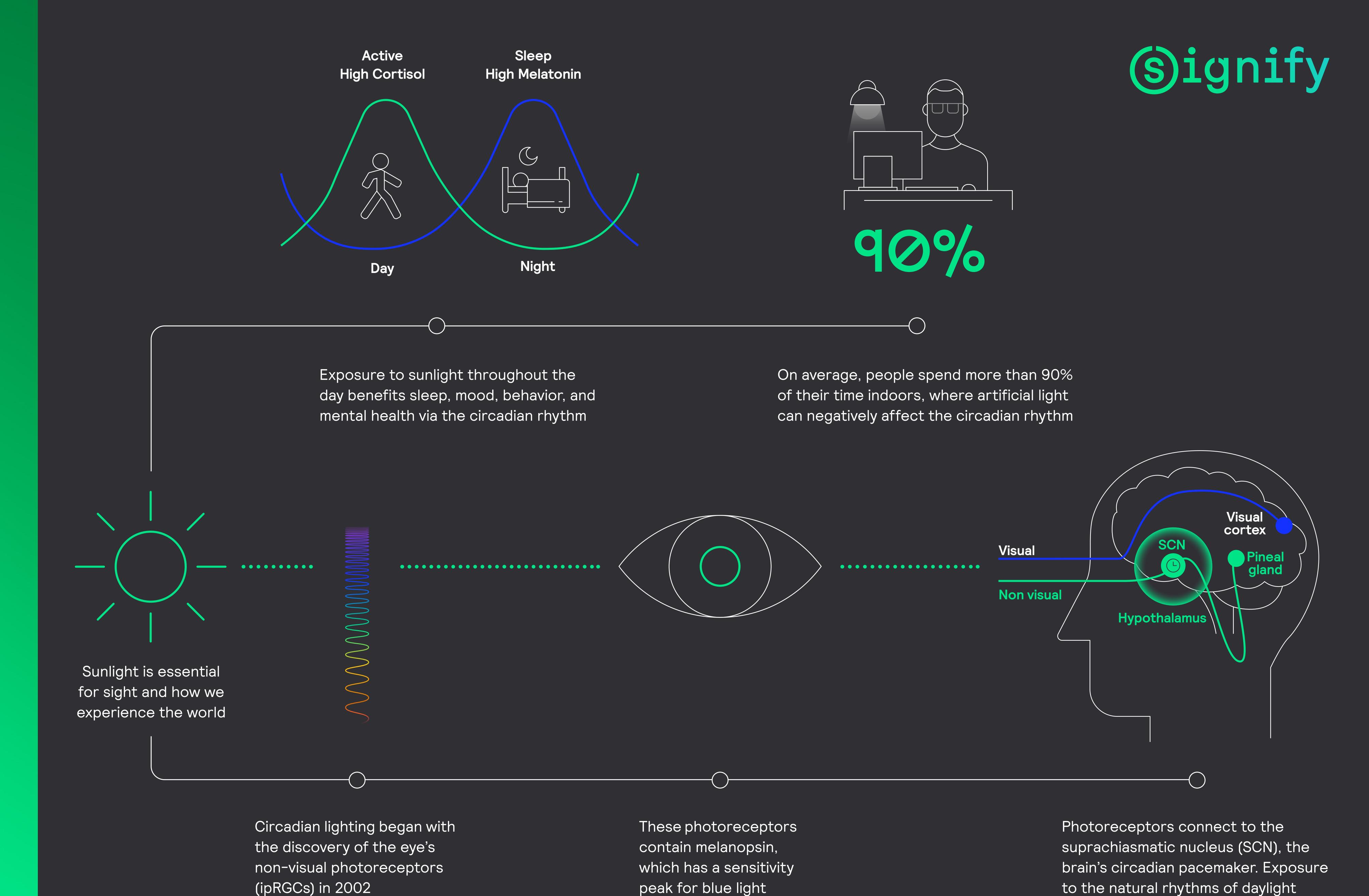
Circadian lighting is dynamic LED lighting that keeps the circadian rhythm in sync by bringing the experience of daylight indoors.

The benefits:









keeps the circadian rhythm in sync.